



domestic abuse stops here

DOMESTIC ABUSE ONLINE TRAINING FOR HEALTH ORGANISATIONS



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SUPPORT

If you or someone you know needs our help please call our helpline:
01753 549865

CONTACT

Visit our home on the web at
www.thedashcharity.org.uk

email
info@thedashcharity.org.uk

or give us a call on
01753 549865

**AVAILABLE TO ENSURE YOU ARE
PROVIDING THE BEST RESPONSE
TO DOMESTIC ABUSE**

KEEP IN TOUCH ON SOCIAL MEDIA



@TheDashCharity1



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The Dash Charity

THE STATISTICS

30

In the UK 30 women attempt suicide and 3 women take their own lives each week as a result of experiencing domestic abuse

3x

Nurses and midwives are 3x more likely to be victims of domestic abuse than the average person.

50,000

Over 50,000 NHS employees (44,000 women and 6,000 men) are victims of domestic abuse

DOMESTIC ABUSE IS A PUBLIC HEALTH EPIDEMIC AND HEALTH MUST BE PART OF THE SOLUTION.

We know four out of five victims do not call the police.

We have to go to them: where they feel supported, where they feel safe and free from stigma.

These statistics are frightening and demonstrate why we need to take action, but health professionals are ideally placed to make that difference.

TRAINING PACKAGES

Basic DA Awareness : 1hr

Suitable for anyone .
Live interaction with our online trainer.

- Understand what domestic abuse is
- Understand the cycle of abuse
- Learn how to spot the signs of domestic abuse
- Best practice for initial client consultations with patients experiencing domestic abuse
- How to provide crisis support for a colleague/patient experiencing domestic abuse
- Initial safety planning and signposting to specialist services

DASH Champions Foundation Training: 2 hrs

For those who have attended Basic Awareness.
Live interaction with our online trainer.

- Understand the different forms of domestic abuse including stalking and coercive control
- Understand diversity and complex needs related to domestic abuse
- Understand the Stages of Change
- Know how to encourage disclosures of domestic abuse
- Understand the different levels of risk
- Know your internal, local and specialist services to signpost to
- Guidance on how to make the most of being a DA Champion

This training can be adapted to suit your organisational and learning needs.

Domestic Abuse and Safeguarding: 1/2 Day

For those who have attended Champions Training

At the end of this course you will have gained:

- Understanding of the complexities of domestic abuse in women and men
- Practical skills to spot the signs of domestic abuse
- Understanding of how to support vulnerable adults and children experiencing domestic abuse
- Confidence to step in and offer support to a victim who may need help
- Enhanced interpersonal skills related to active listening and empathetic response
- Knowledge around diversity and barriers to support
- Knowledge of internal, local and national services where patients and colleagues can be signposted to for support
- Understanding of how to keep yourself and others safe at work
- A Domestic Abuse action plan toolkit

Ensure you know how to reach out and respond to domestic abuse